

# delicious. loves

**MAYONNAISE** Many foods taste all the better with a dollop of silky smooth mayo. We bring you the best



## WHAT WE WANT FROM MAYONNAISE...

● **Good ingredients.** Free-range eggs, wine vinegar, oil, mustard, salt and a bit of lemon juice. Not difficult. And for once, sunflower oil is preferable to olive oil, because it has very little flavour so it doesn't overpower this classic condiment. If water has been added it obviously dilutes the taste, and produces a much whiter mayonnaise. Dried herbs don't work in mayo as they taste musty, so chop up your own fresh herbs if you want to add extra flavour.

● **Rounded flavour.** Mayonnaise should be more than the sum of its parts: neither too eggy nor too oily. If it's overly sweet or vinegary, you might as well cut to the chase and open a bottle of salad cream.

● **Smooth consistency.** Basically an emulsion of the oil and vinegar stabilised with egg and mustard – the best mayonnaise has a pale yellow hue and should feel as silky smooth as your best face cream. Heck, quality mayo could be your best face cream!



### BEST ORGANIC

Sainsbury's SO Organic Mayonnaise, £1.19 for 285g

Thick and creamy with a beguiling depth of flavour, and there's just a dash of extra-virgin olive oil in there, which actually really works.



### BEST CLASSIC

Tracklements Mayonnaise,

£2.85 for 275g, independents, visit [tracklements.co.uk](http://tracklements.co.uk) for stockists

Wonderful note of Dijon mustard, as there would be from this mustard-maker extraordinaire. Great with a juicy, rare steak.



### BEST LIGHT

Hellmann's Light Mayonnaise, from £1.43 for 350ml, major supermarkets

As you'd expect, reduced fat means reduced flavour, but Hellmann's distinct blend still delivers. And, from June this mayo will contain free-range eggs. Good on them.



### BEST LUXURY

Delouis Fils Mayonnaise, from £2.59 for 350g, Waitrose,

Selfridges and independents

It's said that France's duc de Richelieu discovered mayo when he took Port Mahon, Minorca, in 1756. This exquisite sauce, with a mustard tang, certainly has us conquered.



### BEST LEMON

Simply Delicious (Organic) Lemon Mayonnaise, £1.45 for 180ml, call 0141 418 5700 for stockists

Made with fresh lemon juice and zest, this tastes like a savoury version of lemon meringue pie filling. Honestly.



### BEST GARLIC

The Bay Tree Garlic Mayonnaise, £2.70 for 250g, independents, visit [thebaytree.co.uk](http://thebaytree.co.uk) for stockists

This is wobbly, stiff and slightly opaque, and crunches seductively with fresh garlic. Just made for freshly grilled prawns.

